



# THE UHI BULLETIN

## The Weekly Newsletter of United Hebrew Institute, Kingston, PA



Dear Parents,

Last week was one of the busiest and most rewarding one for me. Of course, a successful program with a full house is always good news. All of the UHI students, parents and teachers experienced a warm sense of family and community from this exceptional Thanksgiving performance.

However, the week itself leading up to the performances was a truly enriching and gratifying experience. What is the purpose of having a performance in a school? It is not to inform or educate the students on the content of the songs. We could do that in a classroom in a fraction of the time it takes to have all the classes congregate in the auditorium. Rather, the true benefits of having children perform are many and varied. First, children learn how to present and project to an audience. This is an important skill that is most easily learned and a latent fear that is most easily conquered at a young age. Students exercise their creativity and unique talents and abilities in a cooperative, mutually beneficial setting. Performances also bring to life a value or lesson we wish to teach.

While watching the students practicing under the guidance of their teachers, I saw them work together to a common goal. In the eighth grade, for example, Josh Greenberg helped Mrs. Himelstein and me to tailor the music to the words of the psalm we were singing and to the vocal range of the students. Teachers and students were also able to enjoy each other's company as they practiced each element of their performances.

In addition to all the wonderful aspects listed above, last week at UHI contained an element that I have rarely seen in my career. Teachers solicited and invited the students to inject their own personalities into the production. Mr. Showalter, for example, had the students sing about their own nostalgic thoughts relating to Thanksgiving and other teachers exercised similar formats.

While the final product was terrific and enjoyed by all, the process of having the children prepare for the big show was even more important and rewarding. I think a large part of this attitude came from Mrs. Amy Baylor who coordinated the entire event. The deference and latitude she gave to teachers was in turn granted to students in a mutually respectful interaction. I thank everyone for their part in the day's events. Everyone contributed selflessly and this was truly the day's success.

Shabbat Shalom,

Rabbi Raphael Nemetsky

### A UHI PTA THANK YOU



The UHI PTA would like to thank all PTA members and volunteers who gave so generously of their time and abilities to make the recent UHI Scholastic Book Fair a wonderful success. So many people went above and beyond and we would like to take this time to mention them individually. Please accept our apology if anyone's name was omitted.

Special thanks to:

Taly Kornfeld, Gerri Kaplan of Temple Israel Hebrew School, Leah Dougherty of Temple B'nai B'rith Hebrew School, Malka Seewald, Laurie Schwager, Jill Kranson, Daphne Hoyt, Geveret Pernikoff, Brenda Lasoski, Anne Williams, Jewel Jacobs, Heather Recicar, Esti Estikangi, Rabbi Nemetsky, Lois Gelb and Sara Pisarz of the JCC, Tali Drak, Sharon Shpigelman, Eric Kranson, Zivit Bruce, Florence Kornblatt, Adriene Kaplan, Jenny Rizel, Sondra Greenberg, Bedonna Mitchneck, Molly Rutta, Kathy Roth, Anita Coplan, Marie Fendler, Tammy Engel, Barbara Bell, Connie Roth, Beverly Berley, Danielle Pisarz, Rachel Pisarz, Joan Kleinman, Susan Roth, Harris Cutler, Paula Chaiken, and all UHI teachers for their support and enthusiasm.



UHI Book Fair Committee ( L to R): Susan Roth, Joan Kleinman, Taly Kornfeld, Heather Recicar, Esti Estikangi, Tali Drak and Malka Seewald

### Calendar of Events

- December 1, Shabbaton, Grades 1 through 4 postponed, new date to be announced
- December 4, Hearing/Screening Test for all students
- December 5, Teacher In-Service, Dismissal 11:45
- December 5, Chanukah Party for 3Y/4Y, 10:30 a.m.
- December 6, PTA hosting Chanukah lunch for entire school

The UHI is pleased to be able to help you help your child stay on top of his/her homework. We are continuing to send a daily report home via e-mail which includes all the homework that he/she is responsible for, along with other important information.

For more information please call the school at 570-287-9600 or e-mail us at [rnemetsky@theuhi.org](mailto:rnemetsky@theuhi.org)

**GOOD AND WELFARE**

Mazel tov to:

*Dr. Leon & Alice Ellman on their new home  
Miriam Brand, Happy 80th Birthday*

Condolences to:

*Mrs. Sophie (Geveret) Pernikoff in memory of her brother  
Dr. Irwin & Jewel Jacobs in memory of brother and brother-in-law  
Honorable Mark A. Ciavarella, Jr. in memory of his mother  
The Boyle Family, in memory of Margaret Boyle  
The Goeckel Family, in memory of Gerald Goeckel, Sr.  
The Johnson Family, in memory of Dr. Terrance Johnson  
The Forman & Cherrin Families, in memory of Mr. Gary Cherrin*



**JCC Community Candle Lighting Schedule**

Date	Organization	Time (PM)
December 4	JCC & Federation w/Executive Committee	5:15
December 6	Temple Israel	4:30
December 7	JCC & Federation Staff	3:30
December 8	Senate & Teen Committees	6:00
December 9	Bais Menachem, Rabbi Uri Perlman	5:00
December 10	Temple B'nai B'rith	4:30
December 11	United Hebrew Institute, Rabbi Raphael Nemetsky & Ohav Zedek, Rabbi Nachman Bruce	5:30

All indoor candle lighting is held in the Jacobs Room.  
*Rabbi Nemetsky extends an invitation to join the UHI Staff at the candle lighting on December 11.*

*(Due to an oversight in last week's Bulletin, Ohav Zedek was omitted from the list of Chanukah candle lighting at the JCC. Ohav Zekek will light the same evening as UHI on Tuesday, December 11.*

**COMMUNITY EVENTS AND NOTES**

- ◆ Jewish Family Services each year provides a Chanukah gift card to eligible children through the Operation Mat-tahias Fund. Anyone wishing to apply or if anyone knows of an eligible child, contact Lisa Morgan of JFS at 823-5137. All information is kept confidential.
- ◆ Jewish Community Center's 2007 Community Chanukah Dinner, Tuesday, December 4, \$18 Seniors, \$25 adults, \$8 Children under 12 (under 3 free), \$75 maximum cost per family of 5 or more (see attached flyer)
- ◆ Jewish Community Center holding Chanukah Kinder-lach Party on December 6 at 1:00 p.m. Jewish Commu-nity Center annual Chanukah Dinner, (see attached flyer)
- ◆ A Woman's Night Out to Celebrate Chanukah at the Bruce Home, December 8 at 8 p.m., RSVP Zivit Bruce 825-3461 or Ohav Zedek 825-6619 (see attached flyer for more information)
- ◆ Chanukah Wonderland at JCC, Sunday, December 9, from 4:00 to 7:00 p.m. Call JCC for more information 824-4646 (See attached flyer)
- ◆ Noam Frishman in Concert at the Jewish Community Center, January 6, 2008, at 3:00 p.m. Call Barbara Sugarman at 824-4646 for more information and JCC front desk for reservations



*It is with great sadness that the UHI Family notes the passing of Mrs. Sophie (Geveret) Pernikoff's brother, Mr. Sechelt Glustein, in Israel and Mrs. Jewel Jacobs' brother-in-law, Dr. Morris Jacobs, in Atlanta. Our thoughts and prayers are with them and may the families know of no more sorrow.*

**Notes & Reminders**

*Special Reminder to use Price Chopper scrips especially over the celebration of Chanukah! They are available at the UHI office in denominations of \$5, \$10 and \$20.*

Short Fridays Schedule began November 9, dismissals are at 2:15 p.m. every Friday until March 28, 2008.

**United Hebrew Institute**

*The Place Where "U" & "I" Become We*

**UHI LUNCH MENU**

**Week of 12-3-07**



- Monday: Grilled Cheese, Tomato Soup, Salad, Fruit**
- Tuesday: Bow Ties w/Meat Sauce, Gr. Beans, Salad, Fruit**
- Wednesday: Teacher In-Service (No Lunch Served)**
- Thursday: PTA Sponsored Luncheon for All Students**
- Friday: Chanukah Vacation**



**WISH LIST**

*"Dreidel, Dreidel, Dreidel with you I love to play!" The UHI pre-school children would greatly appreciate playing with a variety of dreidels, ie., size, musical, lighted, spinners. Donations of such dreidels (new or used) will spin the children with joy!! Please drop off at the UHI office. Thank You!*



**UHI CLASSROOM NEWS AND FEATURED ARTICLES**

**A 3Y Thanksgiving**

*Teacher: Heather Recicar*

*Assistant Teacher: Daphne Hoyt*



November has been a month filled with joy and learning for our 3Y children. They have been learning about the first Thanksgiving through books, art projects and by asking questions. What does Thanksgiving mean to the children of 3Y? According to them, it means

that they get to have a few more days at home with their family members, more time to help mom and dad with the cooking and of course more time to bother their brothers and sisters.



The children have learned about the first Thanksgiving and that the Indians, who are called Native Americans, were the first people who lived on the land that we now call home. They also learned that the Native Americans helped the Pilgrims, who came here to practice religious freedom, find food and water and to be able to live off the land. Also, it was noted with enthusiasm from one of the students that the Indians taught the Pilgrims how to use the microwave.



*Pilgrim Hats with (front) Bekah Kornfeld, Gavin Good, Kaci Kranson and Shlomo Kornblatt*

Our projects tied into the Thanksgiving theme. The children's projects consisted of making Pilgrims and Indians from handprints, pilgrim hats, a Thanksgiving dinner place mat decorated with pictures of food that they would like to eat, an Indian headband and a card imprinted with their handprints



*Shlomo Kornblatt and his classmates having fun with their Thanksgiving projects and story time*



including a poem to give to their parents. The children also enjoyed

their storybook time when they listened to the book "The First Thanksgiving" and other favorites.



**CHANUKAH AT UHI**

*Principal Raphael Nemetsky*

There are a lot festivities and activities planned for Chanukah. Which ones should you attend? I recommend that you participate in as many events as you can. It is important for you, the community and your children that a Jewish holiday be the most enjoyable, family-oriented activity in which you partake.

The PTA has distributed forms for monetary gifts to the staff. This is not mandatory and parents may wish to gift individual teachers separately. The goal of the PTA is to help parents who would like to give teachers a token of their appreciation, but are unsure what to buy. By collecting from many parents, teachers will have a significant amount of money to purchase something that they truly want or need. Giving a gift is most satisfying when it reflects your inner desire to make someone feel appreciated for all he/she has done.

With all the parties and gifts, please remember for yourselves and remind your children of the most important aspect of Chanukah – Jews were willing to sacrifice their lives so that they could live as Jews. The wars were not about national independence. Jews had lived under the rule of the Greeks since their conquest by Alexander the Great. Rather, when they were coerced to give up their study of Torah and observance of Mitzvot, then the Jews fought tenaciously to preserve their holy way of life.



Lighting the Chanukah Menorah reminds us of the miracle that took place during the Hasmonean rule. It should inspire all of us to study and practice Torah with increased motivation and inspiration. When we are proud of our heritage and see the performance of Mitzvot as a gift from G-d, then we are drawing the true lesson from this very enjoyable holiday.



*UHI Teachers wish everyone a Happy Chanukah!*

## ***UHI CLASSROOM NEWS AND FEATURED ARTICLES***

### **CSI at UHI**

#### **Eighth Grade**

*Teacher: Carole Panunzio*



Since 1962, when James Watson and Francis Crick built the first model of a DNA molecule, the scientific, medical, and forensic world have been enthralled with this mysterious double helix. To help them understand its structure, the eighth grade students at UHI built their own models of DNA using wire, gumdrops, marshmallows, and pipe cleaners. They used the gumdrops as sugar molecules, the marshmallows as phosphate molecules, and joined them on a wire to form the sides of the twisted ladder. They then used different colored pipe cleaners to represent the nitrogen bases adenine, guanine, thymine, and cytosine.

Students needed to be careful and only link adenine with thymine and cytosine with guanine because the structure of DNA is very specific. They could randomly order the paired bases in the model molecule because this variation in order is responsible for the variety of traits found among

living things. Each resulting DNA model was slightly different in color and order, graphically illustrating why the eighth grade students are all slightly different from each other.



After learning about the structure of DNA, the students performed an experiment designed to remove DNA from living cells. Because it would have been difficult and messy to try to remove it from their left ear or pet dog, they decided to remove it from green split

peas. Using a blender, split peas, water, salt, meat tenderizer, detergent, and rubbing alcohol, they followed a procedure designed to pull the DNA out of the individual cells. As a result, they observed that DNA is a long stringy molecule that likes to clump together.

Through these direct observations the students were better able to understand the complexity of the DNA code as well as become prepared to apply this knowledge to the following unit on heredity and genetics.



*Eighth Grade Class experience CSI in the Classroom: Josh Greenberg, Aaron Pernikoff, Josh Rutta and Avi Newcome-Beill*



*United Hebrew Institute  
The Place Where "U" & "I" Become We*

*Avi Newcome-Beill & Aaron Pernikoff experiment with DNA*

## CARDS SENT FOR THE MONTH OF OCTOBER 2007

### UHI SCHOLARSHIP FUND

In memory of  
 Marvin & Barbara Rappaport Frank Hughes  
 Marvin & Barbara Rappaport George Nicholson, Jr  
 Mark & Elaine Adelson Great-granddaughter of Sugarman-Lawless family  
 Sandy & Av Himelstein Bernard Rosenbloom  
 Sandy & Av Himelstein Sidney Sullum  
 UHI Mother of Donna Martin  
 Sandy & Lesley Baltimore Mother of Donna Martin  
 Marvin & Barbara Rappaport Sidney Sullum  
 Arnold & Nancy Messinger Sidney Sullum  
 Sandy & Av Himelstein Eugene Simms  
 Arnold & Nancy Messinger Eugene Simms

### UHI LIBRARY FUND

In memory of  
 Irvin & Jewel Jacobs Gregory Runner - 3 books  
 Leonard & Roz Friedman Great grandfather of Mr. & Mrs. Joel Sugarman  
 Agatha, Viti & Joan Brozena Eugene Simms - 3 books  
 Harold & Phyllis Landau  
 Sue Strassman - 2 books  
 In honor of  
 Gene & Connie Roth Marriage of Mark & Ellen Himelstein  
 Gene & Connie Roth Birth of grandson to Ruth & Jerry Chariton  
 Sandy Himelstein Bat Mitzvah of Sasha Aronzon

For the complete recovery of  
 Marvin & Barbara Rappaport Marty Popky  
 Sandy & Av Himelstein Martin D. Popky  
 Wayne & Sharon Baer Betty Baer  
 Rosalie Miller Sue Strassman  
 Rosalie Miller Dolly Karassik  
 In honor of  
 Sandy & Av Himelstein Birth of son to Atty. & Mrs. Michael Yelen  
 Marvin & Barbara Rappaport 80th birthday of Danny Kantor

### ABE & MARY FIERMAN SCHOLARSHIP FUND

In honor of  
 Shirley & Ben Abelson Bar Mitzvah of Aidan Isaac Hynan

### BENJAMIN PEZZNER MEMORIAL FUND

In honor of  
 Martin & Candi Pezzner 50th birthday of Ray Dombro  
 Martin & Candi Pezzner Bat Mitzvah of Madi to Mr. & Mrs. Robert Schwartz

### FRED SCHWAGER MEMORIAL SCHOLARSHIP FUND

**DORA WEISBERGER SCHOLARSHIP FUND**  
 For the complete recovery of  
 Malka W. Kaufer Eunice Luka  
 In honor of  
 Esther Kislin Award to Mimi Ross  
 Malka W. Kaufer Award to Mimi Ross

In memory of  
 Margot Schwager Esther Fertig  
 Margot Schwager & family Jonathan E. Gray  
 For the complete recovery of  
 David & Laurie Schwager Marty Popky  
 In honor of  
 David & Laurie Schwager Birth of grandchildren to Sandor & Janice Yelen

### HARRY FENDLER SCHOLARSHIP FUND

In honor of  
 Bruce, Marie & Bailey Fendler Birth of son to Mazer family

### HENRIETTA PARRIS TASK MEMORIAL LIBRARY FUND

In memory of  
 Arthur & Barbara Meyer Ted Parris - 2 books  
 Arthur & Barbara Meyer Sidney Sullum - 2 books  
 Arthur & Barbara Meyer & children Eugene Sims - 3 books

### LOUIS FIERMAN SCHOLARSHIP FUND

In memory of  
 Brian, Lynda, Brett & Adam Newirth Stephen Homa  
 Adam Newirth J.C. Costantini

**LOUIS & MOLLY MILLER SCHOLARSHIP FUND**

In honor of

Florence & Shelley Robzen Birthdays of Marilyn & Edward Straus  
Florence Robzen Birthday of Mark Robzen

**JOAN S. FISHMAN SCHOLARSHIP FUND**

In memory of

Murray & Margie Ufberg Louise Franciosa - 3 books  
Murray & Margie Ufberg George W. Davis - 3 books  
Murray & Margie Ufberg Charles Dewees - 3 books  
Murray & Margie Ufberg Leon Tarnowski  
Murray & Margie Ufberg Ralph J. Johnston, Sr. - 2 books

**MARY & SAMUEL KIRSCHNER MEMORIAL SCHOLARSHIP FUND**

In memory of

Dan & Lila Kanter Maya Grace ot Sugarman family

**LADIES AUXILIARY TALMUD TORAH**

In memory of

Martin & Muriel Jacob Sidney Sullum

For the complete recovery of

Martin & Muriel Jacob Daniel Hollander

Helen Katz Lichtbraun - Katz Fund

**PAUL S. & REBECCA BIRNBAUM SCHOLARSHIP FUND**

In memory of

Bruce Birnbaum Frank Hughes

For the complete recovery of

Bruce Birnbaum Micki Artim

**LARRY ROTH UNIFORM FUND**

In memory of

Gene & Connie Roth Sidney Sullum

Keith & Joan Kleinman Eugene Simms

For the complete recovery of

Keith & Joan Kleinman & family Sue Strassman

Jesse & Cookie Savitz Seymour Mager

In honor of

Keith & Joan Kleinman & family Birth of daughter to Seewald family

Keith & Joan Kleinman & family Marriage of daughter of Carol & David Greenwald

Keith & Joan Kleinman & family Birth of grandson to Janice & Sandor Yelen

Keith & Joan Kleinman Birth of granddaughter of Janice & Sandor Yelen